Spring Clean Your Mind

STOP BELIEVING LIES & START BELIEVING GOD
QUESTIONS TO CONSIDER

Take a few minutes to answer each question. Then spend some time in prayer and reflection considering your responses.

Question 1: What is the one thing (no more than two) you would do if you were absolutely guaranteed success?

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Question 2: What is stopping you from working to achieve your dream? Write down exactly what you tell yourself when you think of what you want to do.

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Question 3: Is what's stopping you based on fact or fiction? Based on fact would be an actual reality - I can't be a pilot because I don't know how to fly a plane; fiction would be I can't be a pilot because I'm not smart enough to learn how to fly a plane.

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Question 3a: If what's stopping you is based on fact, what can you do to work towards accomplishing your dream?

3b: If what's stopping you is based on fiction, where did that lie that's holding you back come from? Are you willing to challenge that negative thinking? (More on this in the next post.)

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Question 4: What would be the worst thing that could happen if you tried and didn't succeed?

4a: Why would this matter to you?

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Question 5: Is this a God given dream, or a selfish dream? IE, is the desire to achieve your dream based on selfish ambition or glory, or based on a heartfelt desire to use the talents and abilities God has given you to His glory?

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Question 6: What would happen if you stepped out in faith and worked to accomplish your dream? Visualize what that success looks like, how you feel, what changes would happen in your life if you succeed.

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Question 7: Be honest with yourself - are you ready to choose faith over fear and take a step towards accomplishing your dream in Question 1? If yes, what's your next step? (If you need help, there's a smart goals post coming in this series). If no, what do you need to work on in order to take that next step?