

Chocolate Mice Cream Ingredients Directions

- 3 chopped frozen bananas
- 2-3 tablespoons cocoa powder
- Chocolate chips (as many as you like)
- Splash non dairy milk (vanilla soy milk or coconut milk) for blending

Directions

- Place frozen bananas in food processor
- Add cocoa powder and chocolate chips
- Pulse to chop bananas
- Add splash non dairy milk if needed.
- Puree or cream until it reaches an ice cream consistency
- Eat immediately or put into a freezer safe dish and let firm for about an hour
- Enjoy!